

# Lyn's Wins Insider

Volume 1, Issue 1

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## The Inaugural issue is here!

*Lyn's Wins is keeping you up to date and in the black!*

### What you wanted to know, but were afraid to ask!

Have a question for Lyn? Email her at [lynswins@hotmail.com](mailto:lynswins@hotmail.com)

*How do you do it?* I have heard this question a lot and quite frankly there is no straightforward answer. My undergraduate degree is in Microbiology (minor in Spanish, ariba!), which required me to take A LOT of math classes, up to and including, Calculus II. Since my curriculum was so math-heavy, numbers are easier to look at, and trends are far easier to see, at least in my mind. Coupling that with the knowledge I have on the inner workings of the racing industry gives me a great advantage over the casual player.

*Are you single?* I am not married, never have been. I do have a steady boyfriend, however, but he is not at all interested in horses! Too bad!

*Do you play your picks?* I very rarely bet, and here's why. I do believe there is an art to handicapping, just as there is an art to wagering, and having one does not necessarily mean the other follows. My strength is in giving the key horse(s) helpful for a nice score. I leave the betting up to the professionals.

## IN THIS ISSUE

Ask Lyn

Trainer Spotlight

### Trainer Spotlight

*In each issue Lyn will interview a trainer or jockey from the tracks she handicaps.*

#### Spotlight on Andy Konkoly, Top Trainer at Thistledown

Lyn's Wins- How did you get started training T-breds?

Andy Konkoly- I owned T-breds and I did not like the way they were being trained, so I decided to train them myself.

## How to get Lyn's picks without using PayPal

*What to do if you do not have a credit card, or if you do not want to give the information out over the Internet.*

There are many people who are not comfortable with giving their credit card information out over the phone, much less the internet. If you would like to purchase Lyn's Wins without using a credit card, email her at [lynswins@hotmail.com](mailto:lynswins@hotmail.com). She will provide you with the address needed to send a snail mail payment, and she accepts personal checks or money orders. Lyn keeps track of how many selections you purchase with whatever amount you send, and she also deducts for those days when she does not meet her guarantee. It's a win - win situation!

### Trainer Spotlight (continued)

LW- How long have you been training?

AK- Ten years

LW- What is your most memorable race?

AK- My horse Cried too Blue winning the last race of the day, in the last day of the meet, by a photo finish to give me my first training title. She had run second 10 times that year before that race.

LW- How has horse racing changed compared to when you first started?

AK- Better horses, bigger purses

LW- How do you figure out what jockey to use on a horse?

AK- I try to find a successful jockey that has a similar racing style to that of the horse.

LW- What do you tell the jockey before a race?

AK- We discuss the positioning of the horse during the race, and of course, that I will meet him in the winner's circle.

LW- What is the name of your most successful horse, either past or present?

AK- One To Five. She's a multiple Stakes winner with close to a quarter million dollars in earnings. She's five years old now, and still actively racing.

## Information on the tracks Lyn handicaps

**THISTLEDOWN**—located in N. Randall, OH. Conducts live racing from March 29- December 23, Sunday, Monday, Wednesday, Friday, Saturday. Thistledown is located on 128 acres approximately 10 miles southeast of downtown Cleveland. It has one of the longest racing seasons of all North American thoroughbred racetracks, covering approximately 185 racing days between April and December.

Annually, Thistledown hosts the Ohio Derby, which is the premier graded stakes race in Ohio and one of the top races for three-year olds in the country. Thistledown's facilities include a one-mile oval track. See them on the web at [www.thistledown.com](http://www.thistledown.com).

**RIVER DOWNS**—located in Cincinnati, OH. Conducts live racing from April 13- September 2, everyday except Monday. River Downs opened Summer, 1925, as Coney Island racetrack.

The first horse ever to gallop past the finish line was none other than the legendary Black Gold, the horse who still holds the record for most "Derby" wins in North America. After surviving the tragic flood of 1937, the track re-opened under the banner of "River Downs." The exceptional 7-furlong turf course was created in 1956, making River Downs the 13th track in America with a grass-racing strip. See their homepage at [www.riverdowns.com](http://www.riverdowns.com).

**BEULAH PARK**—located in Grove City, OH, which is a suburb of Columbus. Conducts live racing from September- May, and is dark on Monday and Wednesday. Founded in 1923, Beulah Park holds the distinction of being Ohio's "first original" racetrack. During the early years, the track enjoyed a reputation as the "Little Saratoga" of the Midwest. Telephone account wagering was started in November of 1993 at Beulah Park, another "Ohio's original" and was followed by the introduction of Winticket.com in August of 2000, which allowed Ohio TAB customers to wager with their computer. Their web address is [www.beulahpark.com](http://www.beulahpark.com).

**SAM HOUSTON RACE PARK**—located in Houston, TX. Conducts live racing June 28 - Sept. 8 (Quarter Horses) and Nov. 1 - Mar. 30 (Thoroughbreds), Thursday through Sunday. This \$90 million dollar facility was opened on April 29, 1994. They have a one-mile dirt oval track, and a 7-furlong turf course. They have tons of promotions and concerts during the year. It is a beautiful place, and Pat Day has even said it has one of the best turf tracks he's ever ridden on. They are online at [www.shrp.com](http://www.shrp.com).

**DON'T FORGET TO TELL YOUR FRIENDS ABOUT LYN'S WINS!**